



# Forget Me Not Tea Party



## Forget Me Not Tea Party 2022

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*'Forget Me Nots represent the ever-lasting love we have for those who go before us and who we hold forever in our hearts.'*

Hosting a **Forget Me Not Tea Party** is a wonderful way to bring people together and show your support for **Aching Arms**. The vital funds you raise will help to ensure we can continue to offer comfort and support to bereaved families following the loss of their baby during pregnancy, at birth, or shortly after.

Your tea party can be in memory of a baby special to you or to support our ongoing work.

### WHERE

Hosting your very own in-person or virtual online tea party is a brilliant way to connect with your family, friends or colleagues and fundraise for **Aching Arms**. Whether you choose to host at home, in your garden, in a local community space, or at your workplace, it's something uplifting and different for everyone to look forward to.

### WHEN

Our tea party season runs during the spring from 1<sup>st</sup> March to 30<sup>th</sup> June 2022.

### HOW

Set your tea party date and time, choose your location or online video call platform, and invite your guests. Simply collect donations on the day and/or use an online fundraising page such as Enthuse or JustGiving and make sure you select Aching Arms as your chosen charity.

Bake it, make it, or buy it! Be as fun and creative as you would like with your tasty tea party treats. Will you enjoy a classic cuppa and a slice of cake, a round of sandwiches and savouries, a platter of cheese and biscuits, toasting indoor smores, or perhaps some colourful fresh fruit skewers. You could even pop open the prosecco, enjoy a gin and slim, a refreshing jug of Pimm's, or a tasty fruit punch. Each guest can choose their favourite things to make it a really special occasion.

### REGISTER

Sign-up now by completing our short fundraiser registration form: [\*\*SIGN UP\*\*](#)

Registration is free and you will receive a free tea party fundraising ePack full of helpful resources, games, recipes, and lots of ideas to help make your tea party a fun, enjoyable and successful event.

## YOU MAKE A DIFFERENCE

Your support means so much to us. Every pound you raise makes a difference and will help us to reach the many families that sadly need us when they have experienced the devastating heartache of losing their baby.

## ACHING ARMS FUNDRAISING COMMUNITY

After you've signed up with us, you are welcome to join our [Aching Arms Fundraisers Community group](#) on Facebook. You can chat to other tea party champions about your events – feel free to share tips, recipes, photos, and fundraising ideas in a kind, understanding and supportive space.

Click here to join: [Aching Arms Fundraisers Community](#)

## WE'RE HERE TO HELP

If you have any questions about your [Forget Me Not Tea Party](#) or would like to talk about your event, our friendly, tea-loving team are happy to help. Please get in touch with us at [getinvolved@achingarms.co.uk](mailto:getinvolved@achingarms.co.uk)



Aching Arms is a Charitable Incorporated Organisation registered in England (1153296).